

ABSTRACT

A training bench for cyclists, comprising a framework (1) bearing rollers (2) on which the wheels of the bicycle will rest, and a central support constituted of a platform (4) which is assembled on the framework through transverse bars (3), on which it can move. The platform (4) has an elastically deformable anchoring system serving as a holding base for holding a column (7) provided at its free end with means (9) for supporting the frame of the bicycle. Said anchoring system acts as an absorption member for controlling the movement of the bicycle with regard to the platform (4) and the framework (1).

10 Figure 1.